

# What is Alpha

Alpha is a series of sessions exploring the Christian faith, typically run over eleven weeks. Each talk looks at a different question around faith and is designed to create conversation. Alpha is run all around the globe, and **everyone is welcome.**



Starts  
March 12<sup>th</sup>  
Sign Up  
Today!!!

## What to expect

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### A TYPICAL ALPHA

Alpha runs in cafés, churches, universities, homes — you name it. No two Alphas look the same, but they generally have three key things in common: food, a talk and good conversation.

## First up there's

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What am I DOING HERE?

### FOOD

Whether it's a group of friends gathered around a kitchen table, or a quick catch-up over coffee and cake, food has a way of bringing people together. It's no different at Alpha. We start with food, because it's a great way to encourage community and get to know each other.

## Then a

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Is there a GOD?

### TALK

The talks are designed to engage and inspire conversation. Generally thirty minutes long, they can be given as a live talk or played as a video. They explore the big issues around faith and unpack the basics of Christianity, addressing questions such as ***Who is Jesus? and How can we have faith?***

## Followed by

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What's the MEANING of LIFE?

### DISCUSSION

Probably the most important part of any Alpha: the chance to share thoughts and ideas on the topic, and simply discuss it in a small group. There's no obligation to say anything. And there's nothing you can't say. It's an opportunity to hear from others and contribute your own perspective in an honest, friendly and open environment.

### Who

- St Gilbert Parishioner
- Member of nearby parish
- Anyone seeking answers to their questions

### Cost

- Free

### Where

- St Gilbert Chapel Hall  
Basement

### When

- Thursdays starting March 12<sup>th</sup> through May 21<sup>st</sup>
- 6:30pm to 8:30 pm

### How Do I Register?

<https://tinyurl.com/vu64afe>

or

St Gilbert website and click Ministries (at top), click Alpha, and click link to register

### Additional Questions?

Contact Patti Shanders  
[pattiandpat@Comcast.net](mailto:pattiandpat@Comcast.net)